

Harbison State Forest

"Firebreak" 10-K & Half Marathon

Trail Running Race

April 30, 2016

**CAROLINA TRAIL
CHAMPIONSHIP SERIES**



Blazing Through The Midlands

Registration & Entry Fees

On-Line Register www.Active.com Keyword (Firebreak) or ActiveColumbia.com Register before 4/24/2016 (\$30 / 10k) (\$40 / Half Marathon). T-Shirt guaranteed if registered before 4/24. After 24th \$10 Late fee. Make checks payable to Cola Nutz Productions. Mail completed registration form To: Firebreak Run c/o Cycle Center 1001 Harden St Columbia, SC. 29205 Awards for age and gender categories in 10-year increments through age 59 then open over 60yrs. Food/Refreshment provided Pre/Post Race. Packet pick-up Friday @ Fleet Feet Sports Irmo 407-1223. Race Day/Site Pickup at 7:30am and **RACE STARTS @ 9:00am**

visit www.ActiveColumbia.com for course map and more info. FB."activecolumbiacom" or call Cycle Center 803.256.0557

The Course: Harbison State Forest Park trails offer a challenging combination of rolling and steep hills with some excellent single track - all packed dirt, rocks and roots.. Open courses, easy access and room for passing, will also provide for fast racing. The course will start at the Gazebo, enter on the Firebreak Trail and contain the Stewardship and Midlands Mtn Climb. Approx 6.5-miles per lap

Directions and park info. <http://www.state.sc.us/forest/hardir.htm>



Clip and return
for official entry

WAIVER: In consideration of the acceptance of this (my) entry, I hereby, for myself, my heirs, executors, administrators and assigns, and anyone entitled to act on my behalf, release and discharge Harbison State Forest, Cola Nutz, all event sponsors, their representatives and successors, promoters, managers, directors, officials, agents, employees and volunteers of The Firebreak Race from any claims of injuries, illnesses or liabilities of any kind, as a result of my participation in, or traveling to and from this event. I hereby certify that I am in the physical condition and have the skill level needed to safely complete this event, and have not been advised otherwise by a physician.. I also give my permission for the free use of my name and/or picture in any broadcast, telecast, or other written account of the event.

Signature of entrant _____

Date _____

Signature of parent or guardian (if entrant under 18) _____

Name: _____

Age on Race Day: _____ Gender: M () F ()

Address: _____

City: _____ State: _____ Zip: _____

E-mail: _____

Phone: _____ Tee-Shirt Size: SM MD LG XL

(Check One) Half Marathon _____ 10k _____

Make checks payable to Cola Nutz Promotions. Mail To: Firebreak Run c/o Cycle Center 1001 Harden St. F Columbia, SC. 29205

